

Q3 OUTDOOR ACTIVITY

Ottawa-Carleton District School Board
Building Brighter Futures Together @OCDSB

Q3 What are some important priorities for the OCDSB to focus on for the next four years?

Outside/nature connection To support mental health and wellness

Elementary Parents and Guardians - 3

4.0 ★★★★★ (19)



Increased focus on outdoor education, music/arts and physical fitness. We need children to be exposed to these things when they are young in order for them to understand and value these things as adults.

Elementary Parents and Guardians - 2

4.0 ★★★★★ (18)



Outdoor education class The real kind- not playing on the play structure!

Elementary Parents and Guardians - 3

4.0 ★★★★★ (16)



Please increase the amount of outdoor time. The phys ed curriculum is not enough for most kids - it's healthy to be outdoors, and improves focus during class time.

Elementary Parents and Guardians - 2

3.9 ★★★★★ (18)



Increase physical activity, active learning, outdoor learning, "hands-on" learning Important for physical and mental health and for developing social skills working with peers (vs individual learning at desk or on screens)

Elementary Parents and Guardians - 1

3.8 ★★★★★ (23)



More outdoor education. Fresh air, exercise, real experiences, away from screens - these are all good for learning and well-being.

Elementary Staff

3.8 ★★★★★ (21)



Smaller class sizes. Less focus on standardized tests and more time spent learning outdoors. Change the outdoor environment to include challenges. It is so important for children's learning, growth and development, especially self regulation.

Elementary Parents and Guardians - 2

3.8 ★★★★★ (18)



Increasing physically active time and outdoor opportunities Lots of research on the benefits of re-connecting to the natural world

Elementary Parents and Guardians - 4

3.7 ★★★★★ (20)



More outside time, outdoor classrooms. Fresh air improves health, mind set and kids learn in a different way and about the world around them.

Elementary Parents and Guardians - 3

3.7 ★★★★★ (19)



Outdoor education The more kids can experience the world they are learning about the better

Elementary Parents and Guardians - 3

3.7 ★★★★★ (19)



Phys Ed, time in Nature ('Earthing') has shown to have extremely positive benefits for all children, in nice weather, let's take learning outside! Happy Children/Youth makes for a happier, more loving and balanced society. Let's support this. Our young people have so many challenges as it is.

Elementary Parents and Guardians - 3

3.7 ★★★★★ (9)



Put outdoor activities back in school. Let kids climb trees, throw snowballs, play dodgeball.

Kids aren't allowed to do much of anything on recess anymore. This leads to boredom which leads to bullying which leads to mental health illness.

3.6  (24 )



Elementary Parents and Guardians - 3

Exposing children to nature We need to ensure that our children have active days with as much outdoor play/learning opportunity as possible.

3.6  (20 )



Elementary Parents and Guardians - 3

Increased outdoor time

Elementary Parents and Guardians - 2

3.6  (19 )

