

Q1 MENTAL HEALTH PROFESSIONALS

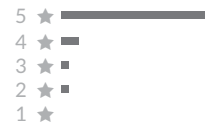
Ottawa-Carleton District School Board
Building Brighter Futures Together @OCDSB

Q1 What are some things that the OCDSB is doing well to support learning and well-being?

We are failing students, staff and our community. We need social workers in schools to counsel and support families in crisis. We need to start in primary schools so that the problems get the support they need before they are too big. Schools are not safe.

Elementary Staff

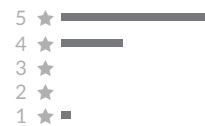
4.3 ★★★★★ (19)



Providing in-school supports such as SW, Psychological services Critical to developing lagging skills and build self-efficacy in solving problems.

Elementary Parents and Guardians - 2

4.2 ★★★★★ (21)



Guidance counsellors and learning support teachers who care about the students. They made all the difference in the world to my sons. Interactions with them didn't guarantee success but my kids were always treated with compassion.

Secondary Parents and Guardians - 4

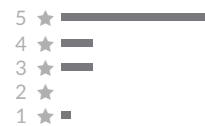
4.2 ★★★★★ (19)



Having social workers on site, implementing mental health initiatives, listening to student voice. Students feel validated when their concerns are heard and acted upon.

Secondary Staff

4.1 ★★★★★ (20)



It is nice to have the resources such as social workers and psychologists Lots of kids have issues and need support from trained professionals

Elementary Parents and Guardians - 2

4.1 ★★★★★ (16)



Giving students access to a guidance department It's important bc not everyone has an adult in their life that they can talk to about certain topics and the guidance counsellors are easy to talk to

Students Grades 9 to 12

4.0 ★★★★★ (22)



The school is doing well in supporting kids who have recently entered high school. Guidance councilors and psychologists are great resources during adolescence kids are often reluctant to talk to parents. Guidance councilors and psychologists are reliable conversation resources

Secondary Parents and Guardians - 4

4.0 ★★★★★ (21)



Social Workers, Counsellors, & Psychologists Having these provided provides a level of well-being for the most vulnerable students.

Secondary Staff

4.0 ★★★★★ (20)



I appreciate that my school collaborates with the Youth Service Bureau and has a trained crisis counselor readily available to support students Supporting students' mental health is arguably more important than sitting in classes and getting work completed for courses and this facilitates that

Students Grades 9 to 12

4.0 ★★★★★ (16)



Creating access to many student supports (social workers, addiction counsellors, psychologists) It is so much easier to connect students with these services in their schools than in the community, they spend all their time at school!

Community Members

3.9 ★★★★★ (25)



Having spec ed and psych teams in the schools at the secondary level To ensure all students are identified and get proper attention, not just those privileged to have private health insurance or the wealthy.

Secondary Parents and Guardians - 1

3.9 ★★★★★ (23)



GLE also provides important emotional support and an opportunity for self-regulation during the school day. Important because support resources such as social workers / psychologists are hard to access at school (not enough resources for the need)

Secondary Parents and Guardians - 1

3.9 ★★★★★ (22)



Great support system / guidance counsellors
Great help and very accessible for students

Secondary Parents and Guardians - 1

3.9 ★★★★★ (20)



Offering strong student guidance services.
Navigating options for study and post secondary education is challenging for even most committed parents and students. Expert support is critical.

Secondary Parents and Guardians - 2

3.9 ★★★★★ (17)



guidance positions in intermediate is definitely required lots of challenges at this age....they need guidance different from their teachers and parents.

Secondary Parents and Guardians - 4

3.9 ★★★★★ (17)



Providing some support to staff from social workers to understand how to support their students with self-regulation in a positive way Educators are supported in understanding how to connect positively with students which helps them feel safe, and helps them understand their emotions

Community Members

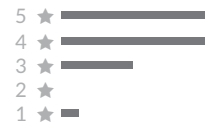
3.8 ★★★★★ (22)



I think that having school guidance counsellors who are open and ready to talk about anything that may concern the student is helpful It's important because many students need that extra support because they either don't have anyone to talk to at home or they need an unbiased adult

Students Grades 9 to 12

3.8 ★★★★★ (21)



Guidance & Counseling SRB Supports and encourage students to advocate for themselves, to manage their school experience, help them with autonomy and decision making skills.

Secondary Parents and Guardians - 4

3.8 ★★★★★ (19)



Social workers in schools It reduces the pressure for teachers to take on those loads, and helps bring community resources into the school

Secondary Staff

3.8 ★★★★★ (19)



Having Rideauwood Counselors in high school helps kids with substance abuse problems and lessens the stigma of such issues. I think all school boards . . . could look at why some schools have a higher incidence of drug problems than others - it's not the case that all lower socioeconomic schools .

Secondary Parents and Guardians - 1

3.8 ★★★★★ (18)



Including Guidance Counselors Any time I have an issue, I know that if I can't find the answer I can go talk to my guidance counselor. Too bad there are only 4 though.

Students Grades 9 to 12

3.8 ★★★★★ (16)



Some things OCDSB is doing well to support learning and well being is having people students can talk to such as a guidance counselor. This is really important because school gets stressful for everyone but can be more stressful for some students more than others.

Students Grades 9 to 12

3.8 ★★★★★ (15)



The Teacher & LST connections are the best to support learning. Well-being is best done with all staff combined with the social workers. Many students who need help and intervention certainly benefit.

Elementary Staff

3.8 ★★★★★ (12)



Having resources such as social workers available Helps navigate general social situations and goes beyond using WITS in the case of bullying

Elementary Parents and Guardians - 3

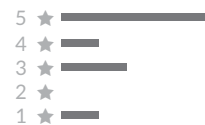
3.7 ★★★★★ (25)



Having in-school psychologists is hugely beneficial in having an accessible means for students to get help if they need it. This is important as mental health is a huge issue, and as a student as the years progress I see more and more unhealthy mental attitudes and problems

Students Grades 9 to 12

3.7 ★★★★★ (22)



Strong Guidance Counsellors it helps kids to make better choices

Secondary Parents and Guardians - 3

3.7 ★★★★★ (18)



There is a range of support staff to help and develop most aspects of student learning (i.e. social work, speech-language pathology, psychology) These professionals support educators to meet their classroom needs and overall potential.

District Office and Centrally Assigned Staff

3.7 ★★★★★ (6)



Giving the students someone to talk to. It's important for the students, all students to have somewhere and someone to talk to when it comes to our learning.

Students Grades 9 to 12

3.6 ★★★★★ (23)



We have great benefits to help support well being. Our jobs are incredibly stressful and having \$ for psychologists is essential.

Elementary Staff

3.6  (20 )



having guidance counsellors to listen to you

Students Grades 9 to 12

3.6  (20 )



Collaboration among professional disciplines and clinicians working with students.

Students are multidimensional often requiring expertise from varying areas. The team efforts made to assist students are commendable.

District Office and Centrally Assigned Staff

3.6  (19 )



Guidance very well done, Students not only get feedback on futures here and how to go about attaining their goals but also have a shoulder to cry on.

Secondary Parents and Guardians - 3

3.6  (17 )



Providing resources in the school for support and help outside of your guidance counsellor.

It's important for students to have support and access to the resources they need throughout high school as it can be difficult to navigate.

Students Grades 9 to 12

3.6  (15 )



They are doing well in supporting students that need it, for example if you want to talk to someone about something personal.

Students Grades 9 to 12

3.6  (15 )



My guidance councillor cared about my bullyinb I was being bullied and she helped get me out of that situation

Students Grades 9 to 12

3.6  (14 )



They have nice resource teachers, guidance counselors who make the ocdsb a welcoming environment

Students Grades 9 to 12

3.6  (14 )

