

Q2 OUTDOOR ACTIVITY

Ottawa-Carleton District School Board
Building Brighter Futures Together @OCDSB

Q2 What are some ways that the OCDSB could improve how we support learning and well-being?

Transition to a more European model, incorporating *much more* outdoor time, including independent exploring, classes and risk taking opportunities. Kids need to learn to take risks and use their bodies to navigate challenges, get vit D and fresh air (not SIT indoors all day!) Less indoor recesses

Community Members

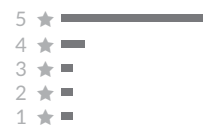
4.1 ★★★★★ (8)



Don't punish kids by taking away recess/outdoor time It's counterproductive; kids need nature and time and space to let out their energy so they're better able to focus and stay on task when in class.

Elementary Parents and Guardians - 2

4.0 ★★★★★ (17)



More outdoor and creative learning The outdoors is so stimulating! Get kids outside.

Elementary Parents and Guardians - 3

4.0 ★★★★★ (8)



More outdoor education All kids should be experiencing the outdoors as a part of their learning environment through programs like outdoor fitness, gardens, ecology visits...

Elementary Parents and Guardians - 3

3.9 ★★★★★ (18)



Spend more time outside (especially in natural areas) and doing physical activity
Better learning outcomes

Elementary Parents and Guardians - 4

3.9 ★★★★★ (18)



More outdoor play time. Children need to burn energy by getting outdoor time so they can better focus during the indoor learning time.

Elementary Parents and Guardians - 4

3.9 ★★★★★ (17 👤)



Promote physical activity and health, outside if possible. Children spend a long day at school and should all get plenty of physical activity every day, in the fresh air if possible.

Elementary Parents and Guardians - 1

3.8 ★★★★★ (28 👤)



More outdoor learning. Some schools are fortunate to have outdoor classrooms but this would be great for all students to have access to. Being outdoors helps children learn to connect with the natural environment, rather than technology. It also encourages a healthy active lifestyle.

Elementary Parents and Guardians - 4

3.8 ★★★★★ (18 👤)



Provide more outside play equipment. Let kids play on hills. Let kids learn to mitigate risk. We have a whole system of bubble wrapping kids. The pendulum has swung to far. Find the middle ground.

Elementary Parents and Guardians - 4

3.8 ★★★★★ (17 👤)



The OCDSB could consider offering more outdoor education options at various schools. This would allow students to learn outside of the traditional classroom.

Elementary Parents and Guardians - 2

3.7 ★★★★★ (29 👤)



More of a push for nearby nature and other outdoor education initiatives children thrive when outside and make great curriculum connections too. I wish this was consistent across the schools. Some do lots, others none

Elementary Parents and Guardians - 3

3.7 ★★★★★ (18 👤)



More outdoor learning - take cues from growing number of forest schools It has been proven how beneficial it is for kids to spend as much time outside as they can and learn in nature, our natural habitat

Elementary Parents and Guardians - 4

3.7 ★★★★★ (17 👤)



More outdoor programs like Forest School Research indicates again and again the advantages for unstructured outdoors learning

Community Members

3.7 ★★★★★ (6 👤)



More outside time Human beings need time outside to investigate, make it meaningful for them

Elementary Parents and Guardians - 1

3.6 ★★★★★ (24 👤)



Increase outdoor and active learning Studies and international practices are showing the benefits that outdoor learning has on kids both physically and mentally

Elementary Parents and Guardians - 1

3.6 ★★★★★ (23 👤)



Include more outdoor education Not just playing outside on the pavement but connect with Ottawa Forest and Nature School for EVERY student once a week or several times a month

Elementary Parents and Guardians - 4

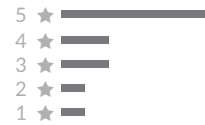
3.6 ★★★★★ (17 👤)



Have ten minutes running outside before the start of the day will better help kids' learning for the whole day. It will help kids with energy, concentration, emotion, stress and anxiety.

Elementary Parents and Guardians - 2

3.6 ★★★★★ (12 👤)



enhancing outdoor spaces to encourage time outside encouraging children to get fresh air to enhance their learning in the class

Secondary Parents and Guardians - 1

3.6 ★★★★★ (7 👤)



loosen up on outdoor play rules recess
restrictions mean that especially in the winter
kids end up standing around outside because
they can't play on structures, or in the snow

Elementary Parents and Guardians - 3

3.6  (7 )

