

Q2 STAFF MENTAL HEALTH

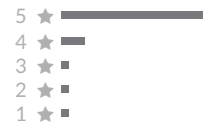
Ottawa-Carleton District School Board
Building Brighter Futures Together @OCDSB

Q2 What are some ways that the OCDSB could improve how we support learning and well-being?

We need to improve our support of teachers and for their own well being. Teachers who are constantly stressed and not supported properly by admin are a recipe for burn out. We need to feel like this is a team and we are all

Elementary Staff

4.2 ★★★★★ (23)



Teacher voice does not appear to have the same value to central staff as it used to 3+ years ago. Educators feel frustrated when we see issues that impact student learning, and student teacher well being.

Secondary Staff

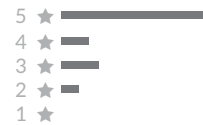
4.2 ★★★★★ (17)



Care about teaching staff. Teachers are burning out due to excessive expectations in the classroom bureaucratic / administrative tasks that take time Away from teaching

Elementary Staff

4.1 ★★★★★ (24)



Take the mental health of teachers seriously. Constant hassling from parents takes a significant toll, yet nothing is done to stop this. Poor mental health leads to a greater use of sick time and EAP use. Telling difficult parents to leave the teacher alone would cost a lot less money!

Elementary Staff

4.0 ★★★★★ (25)



More comprehensive education about mental health for educators Teachers need to understand and respect the reality of mental health and mental illness

Students Grades 9 to 12

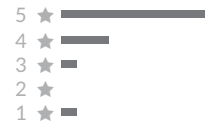
4.0 ★★★★★ (21 👤)



Burnout among employees is rising. Teach supervisors to recognize signs and intervene before the employee is forced to take leave.

District Office and Centrally Assigned Staff

4.0 ★★★★★ (14 👤)



Burnout of staff Staff feel stressed out and stretched too thin. Change things to better their well-being.

Secondary Staff

3.8 ★★★★★ (23 👤)



Stop fighting staff taking personal days - we all need a work-life balance Being able to take a break from a stressful job is important in being able to continue doing that job...and we all have stressful jobs in this field!

Secondary Staff

3.8 ★★★★★ (14 👤)



More focus on staff well-being Provide funding and opportunities for well-being activities and initiatives in schools.

District Office and Centrally Assigned Staff

3.7 ★★★★★ (17 👤)



Teachers, Custodial Staff, EA's, support staff mental health and safety matters too Staff can't possibly provide a supportive learning environment for students when they are not at their best or don't feel safe at work

Secondary Staff

3.7 ★★★★★ (17 👤)



Disseminate information to all principals about importance of mental health and well-being among teachers. Some principals do not address this at all with staff, or if they do, it is lip service only. The Board can be the leader in this.

Elementary Staff

3.6 ★★★★★ (25 👤)



To support teacher well-being, allow us to take a few unpaid days a year when needed. If emergencies/important events come up, this would take a lot of stress off our shoulders knowing that we can be there. Upper Canada Board allows it

Elementary Staff



Admin who caves to parental pressure to argue and change marks causes stress on staff

Secondary Staff

