

Q3 MENTAL HEALTH

Ottawa-Carleton District School Board
Building Brighter Futures Together @OCDSB

Q3 What are some important priorities for the OCDSB to focus on for the next four years?

Mental Health Rise of stress with teachers, administrators, and students
Elementary Staff

4.4 ★★★★★ (20 👤)



Mental Health Without it, kids don't learn
Elementary Staff

4.3 ★★★★★ (19 👤)



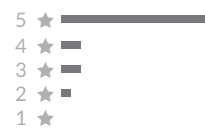
mental health support for elementary students
Elementary Staff

4.3 ★★★★★ (13 👤)



Acknowledge just as much the mental well being of its employees as well as its students
Elementary Staff

4.2 ★★★★★ (19 👤)



Reaching students who come to school with mental health issues. No one can learn if they are sad and distracted. These students often derail the class as a cry for help.
Elementary Staff

4.2 ★★★★★ (18 👤)



Student mental health

Elementary Staff

4.2 ★★★★★ (18)



Student Well-being Students would be a lot happier and a lot less stressed if their mental well-being was the top priority, NOT their grades.

Students Grades 9 to 12

4.1 ★★★★★ (26)



Students well being The well being of students will affect our grades so OCDSB should focus more on how we're doing.

Students Grades 9 to 12

4.1 ★★★★★ (26)



STUDENTS We have to talk more about important subjects concerning youth such as mental health, which some do struggle with every day.

Students Grades 9 to 12

4.1 ★★★★★ (15)



The well-being of students

Students Grades 9 to 12

4.0 ★★★★★ (25)



They should focus more on students mental well being. It is just as important as physical well being. It's important because if you think about it, what are you without your mental health? Nothing. So it needs to be more advocated for!

Students Grades 9 to 12

4.0 ★★★★★ (25)



More/better mental health support Students are constantly stressed about just about everything and there aren't enough resources to help them.

Students Grades 9 to 12

4.0 ★★★★★ (24)



Mental health and how it affects the students in the school board when there's no accommodations. Students often can't keep up with work. Example, someone with depression is not going to be able to do their homework as often as they need to.

Students Grades 9 to 12

4.0  (22 )



Today's kids and families seem to be in crisis: financial; mental health; social media. All these problems bleed over into the schools. How can we help?

Elementary Staff

4.0  (21 )



Physical and mental health of students This is the first generation predicted to live shorter lives than their parents. Society needs to address this.

Elementary Parents and Guardians - 2

4.0  (18 )



Continue to provide students with a pleasant and enjoyable experience, focusing on their mental health and their interests. Students will enjoy school more, and, in turn, have an improvement in their learning.

Students Grades 9 to 12

4.0  (14 )



Recognize that staff well-being is connected to student well-being. Happy, proud, supported staff members (Admin, office staff, teachers, EAs) lead to greater job satisfaction which leads to greater student well-being.

Secondary Staff

4.0  (14 )



Mental health (both for students and staff)

Elementary Staff

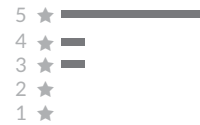
4.0  (10 )



The well being of all staff is paramount. Take staff suggestions seriously. Don't dismiss them as a bunch of complainers. Ask for input and LISTEN. If your staff is suffering your students are suffering. Fix this and EVERYTHING else will benefit.

Elementary Staff

4.0 ★★★★★ (8)



Mental health resources & support Feels like it's being neglected

Students Grades 9 to 12

3.9 ★★★★★ (26)



The mental well being of the students I know a lot of kids who aren't getting the help they need and are severely damaged because they feel their parents won't understand

Students Grades 9 to 12

3.9 ★★★★★ (24)



Menta Health and Social Media It's not enough to teach these topics separately. There is a link between the two that needs to be discussed at length, not just in a lesson or two.

Elementary Parents and Guardians - 3

3.9 ★★★★★ (23)



Mental Health and Behaviours HELP THE TEACHERS AND STAFF WITH THIS - it is beyond their pay scales yet this is what they deal with ALL DAY LONG

Secondary Parents and Guardians - 4

3.9 ★★★★★ (23)



Mental health of our kids Mental health is as important as physical health.

Elementary Parents and Guardians - 3

3.9 ★★★★★ (21)



Reduce anxiety while maintaining high expectations. The prevalence of anxiety seems to be on the rise and students suffering from anxiety are unable to fulfill their potential.

Elementary Staff

3.9 ★★★★★ (19)



Mental health and well being of the students and its employees. The challenges embedded in the social fabric of our society combined with digital media excesses is causing immense stress to our school community.

Community Members

3.9 ★★★★★ (16)



Mental Health and Social Emotional Regulation These issues are impacting the learning for so many students.

District Office and Centrally Assigned Staff

3.9 ★★★★★ (14)



Mental Health Education Depression and anxiety are affecting more and more children and adults. Students need to be educated on how to recognize symptoms and how to cope.

Elementary Parents and Guardians - 2

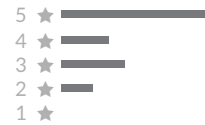
3.8 ★★★★★ (19)



Mental health of the students Increase support for the number of mental health needs in the school. Address the root causes of these problems.

Elementary Staff

3.8 ★★★★★ (18)



More mental health supports for students and teachers.

Elementary Parents and Guardians - 2

3.8 ★★★★★ (17)



Mental health - decrease the stress Unless students and staff are healthy, we cannot expect students to be calm and learning.

District Office and Centrally Assigned Staff

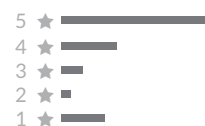
3.8 ★★★★★ (14)



Ensuring that mental health is taken into account Teachers should be up to date on protocol if mental health emergencies come up instead of having the student attempt to deal with it by themselves

Students Grades 9 to 12

3.7 ★★★★★ (25)



Mental health services Almost everyone I know has a mental health problem made exponentially worse by school. We need help.

Students Grades 9 to 12

3.7  (23 )



Mental health support There are very few outlets for students to get help with mental health issues.

Students Grades 9 to 12

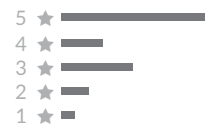
3.7  (23 )



Mental health and wellness of teachers and students.

Elementary Parents and Guardians - 4

3.7  (21 )



Mental health issues in kids as young as 7yrs old are going unrecognized and passed off as bad behaviour. Train ALL staff to recognize stress behavior Punishing a child for communicating to the best of their ability that something is not working can exacerbate stress and behavioural issues

Elementary Parents and Guardians - 4

3.7  (21 )



Teaching teachers to help with mental health

It is KEY that teachers are able to help students and reduce workload for students who simply cannot handle the workload they are being assigned.

Students Grades 9 to 12

3.7  (21 )



Mental Health essential for healthy and effective learning to take place

Elementary Parents and Guardians - 2

3.7  (19 )



Mental Health for all children (including anxiety etc)

Elementary Parents and Guardians - 2

3.7  (19 )



Mental health well being of children. There's an epidemic of anxiety and depression in children.

Elementary Parents and Guardians - 2

3.7 ★★★★★ (19)



Staff well-being We often talk about student well-being but staff well-being is important too.

Secondary Staff

3.7 ★★★★★ (19)



Supporting Mental Health Even kids without coping skills deficits should learn how to manage stress and relationships.

Elementary Parents and Guardians - 3

3.7 ★★★★★ (19)



Mental Health The number of students and staff with mental health struggles is increasing

Secondary Staff

3.7 ★★★★★ (17)



mental health

Elementary Parents and Guardians - 2

3.7 ★★★★★ (17)



Student and staff wellness

District Office and Centrally Assigned Staff

3.7 ★★★★★ (14)



Being more aware of us kids and teens. A lot of kids go through depression, anxiety and a lot more. If teachers see this, they should be taking more action into help for the kids or teens.

Students Grades 7 to 8

3.7 ★★★★★ (13)



Continue to focus on student well-being. Gender identity. Sexual orientation. Bullying. Drug use. Poverty. Anxiety. Depression. Students face so many potentially challenging issues today.

Secondary Parents and Guardians - 4

3.6 ★★★★★ (23)



Student mental health Because it has a big impact on academic performance

Secondary Parents and Guardians - 3

3.6 ★★★★★ (23)



Mental health ensuring there are supportive and caring TEACHERS students can go to if they need help.

Community Members

3.6 ★★★★★ (22)



Mental health resources Emotional resilience is becoming more difficult for children. It's so hard to learn when distracted by mental health struggles.

Elementary Parents and Guardians - 1

3.6 ★★★★★ (22)



Mental health All students mental health needs to be considered. They can't be ready to learn if they are not mentally ready.

Elementary Parents and Guardians - 3

3.6 ★★★★★ (20)



Mental health of students in elementary schools. More and more children are entering schools with complex mental health needs. There is very little support for them.

Elementary Parents and Guardians - 4

3.6 ★★★★★ (20)



Improve kids mental health better for learning

Elementary Parents and Guardians - 3

3.6 ★★★★★ (18)



Improving the access to mental health supports at schools for all students

Secondary Parents and Guardians - 1

3.6 ★★★★★ (18)



Mental health of both students and teachers

This is an overwhelming & world-wide problem. We all are looking for help & answers.

Secondary Staff

3.6  (18 )



Student and staff mental health. To support resilience.

Secondary Staff

3.6  (18 )



Mental Health Awareness For students and staff alike!

Secondary Staff

3.6  (17 )



We need students who have a healthy sense of self and others and can navigate daily life with solid skills in order to compete in job market in the fu

Elementary Parents and Guardians - 2

3.6  (17 )



Improve children's personality and self confidence children are under lots of pressure they need help to improve their self-confidence

Elementary Parents and Guardians - 1

3.6  (11 )



Mental health support for students Students spend much time at school, away from parents. Schools are guardians. Mental health and coping must be taught. School-parent-student links

Secondary Parents and Guardians - 3

3.6  (10 )



mental health concern increasing dramatically

Students Grades 9 to 12

3.6 ★★★★★ (5 👤)

