

**SH** SPECIALIST  
**SM** HIGH SKILLS  
MAJOR

YOUR SKILLS,  
YOUR FUTURE.

**SPORTS**



OTTAWA-CARLETON  
DISTRICT SCHOOL BOARD

# CREDITS

## Course Package

Each SHSM program offers students a bundle of 8 - 10 credits. These courses are regular Ontario secondary school courses that allow students to work towards their Ontario Secondary School Diploma, but have been bundled as the most relevant courses to prepare students for a future in the Sports sector.

Two credits in this bundle include Cooperative Education where students pursue a work placement in a field of interest.

## Achievements in the Program

- **Certifications and Awareness Training:** Students complete selected sector-recognized certifications related to the major
- **Experiential Learning Opportunities:**
  - > Have the opportunity to job-shadow industry professionals
  - > Complete 2 Cooperative Education credits and get work experience in the Sports sector
  - > See guest speakers, go on field trips to explore careers in Sports
- Gain a **Sector Partnered Experiences** (SPE) component that includes one of the following options: Innovation Creativity and Entrepreneurship (ICE) training; sector-delivered coding; or, sector-delivered mathematical literacy. The SPE will require a 6 hour activity, delivered with a sector partner and have an experiential and an assessment component
- **Reach Ahead Experiences:** Explore the field and postsecondary education opportunities in the Sports sector
- Completing the SHSM program prepares students for their pathway to **apprenticeship, college, university or work**



### The bundle includes:

- **4 “major” credits** in grades 11 and 12 with a focus on Healthy Active Living, Business, Communications Technology & Leadership
- **Supporting credits:**
  - > 1 Grade 11 or 12 English Credit
  - > 1 Grade 11 or 12 Math Credit
  - > 1 Grade 11 or 12 Credit in Business, Science, or Social Science
  - > 2 Cooperative Education Credits to experience life in the Sports sector

A photograph of three students in a classroom setting. In the foreground, a young man with short brown hair, wearing a dark blue long-sleeved shirt, is looking intently at a human skeleton model. Behind him, a young woman with long blonde hair, wearing a red and blue plaid shirt, is also looking at the model. To the left, a young man with short dark hair, wearing a plaid shirt, is looking towards the camera with a thoughtful expression. The skeleton model is a full human skeleton, including the skull, spine, and ribcage. The background shows a classroom with large windows and other anatomical models.

## THE EXPERIENCE

**Students in the Sports Specialist High Skills Major program will:**

- Gain skills, knowledge and experience in the areas of sports preparation, performance, treatment, community leadership, media and broadcasting
- Connect with industry professionals through field trips, guest speakers and other experiential learning opportunities
- Get training and sector-recognized certifications, such as First Aid & CPR, Automated External Defibrillation (AED), Leadership, Sport Nutrition and Event Coordination
- Visit postsecondary institutions, such as colleges and universities
- Develop transferable skills compatible with multiple pathways to all postsecondary destinations



Canada's sports industry is growing. Dozens of cities now have professional sports teams and franchises. In Ontario, there are many professional teams in sports ranging from hockey to lacrosse to soccer. The Canadian sports sector generates around \$8 billion a year, according to the Canada Foundation for Innovation.



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For more information on the Specialist High Skills Sports program, contact your school guidance counsellor, SHSM board lead or visit [OCDSB.ca/SHSM](https://ocdsb.ca/SHSM)

