

Workshop Breakdown

The Story of Sound

Facilitator: Emily Marie Séguin

Summary

1. Workshop goals + length
2. Workshop Description
3. Required Materials
4. Final notes

Workshop Goals

Creating a story through sound

Students are invited to create a story through the exploration of sound using instruments and household objects. Through teamwork, active listening and sound exploration, the facilitator (Emily Séguin) will guide students in making a collective soundscape that shares a meaningful story (as selected by the group). This workshop is suited for online and in-person learning, and can be adapted for a 30-60mins time slot.

Workshop Description

a. Introduction and Demonstration

- The facilitator will introduce themselves, then show a short demonstration on using multiple sounds (from instruments to voice, to house-hold objects) to create an enchanting soundscape that conveys a story.

b. Sharing Stories

- Students will each share a short story about their day
- Together, students and the facilitator will build a cumulative story that represents the class, identifying the beginning, middle and end.

c. Exploration of objects and sound

- Students will be asked to bring a common household item that can produce noise (view **material list** for examples) or an instrument (if they have one).
 - The facilitator will guide students through exploring what sounds their object, instrument or voices can create.
- d. Finding your rhythm**
- Students will be guided into choosing 1-2 sounds and rhythms that they would like to create with their object/instrument.
- e. Molding a Soundscape**
- Students will be guided to work together to make a soundscape with three movements; representing the beginning, middle and end of their collective story.
 - While the students begin to create their soundscape, the facilitator will pick-up/record each movement and compile them live in front of the students.
- f. Playback**
- The facilitator will playback the soundscape that the students have created.
- g. Wrap-up**
- Students will be guided in a discussion about next-steps in creating music out of anything, and encouraged to continue to explore sounds.
 - Students will be questioned on their favorite part of the activity, and any questions will be answered.

Materials

Students are encouraged to bring an object or instrument from home. Ideally, the object they bring should be able to make a little bit of sound when manipulated.

Examples of house-hold objects:

- a. Dry rice in a Tupperware container
- b. Tissue paper box
- c. Finished toilet paper rolls (cardboard cylinder)
- d. Water bottle
- e. Recycling (Cans, Soda bottles, Cartons, ect.)

Note: The object can truly be anything, and students are encouraged to think ‘outside of the box’ when choosing their object. They should keep in mind that this object will be used to make sound. They may bring more than one object to explore!



Final Notes

Ultimately, this workshop is intended for students everywhere who want to explore sound in an unconventional way. Music is the universal language, and you don't need expensive equipment to make music happen.

Most importantly, this workshop is designed to inspire students in exploring their creativity and to have fun!

Miigwetch, Thank you.

