

Things to do around Ottawa for international students



## Happy New Year 2025!

January is a time when life returns back to “normal” following all of the festivities surrounding the holiday season. So far this year there hasn’t been the usual amount of snow, but it is almost certain that the Ottawa area will soon experience winter full on.

January means a busy time at school as you will be completing summative assignments for your Semester 1 courses, and during the last part of January you will be focussed on studying for your examinations. Be sure to take care of yourself both physically and mentally by staying active, eating well, and setting up a manageable study schedule.

## FUTURE HAPPENINGS

**Saturday, January 11: Ottawa Charge.** See Ottawa’s exciting professional women’s hockey team in action on the ice at TD Place at 2 p.m. Tickets start at \$19. Visit: [thepwhl.com/en/teams/ottawa-charge](http://thepwhl.com/en/teams/ottawa-charge)

**Saturday, January 18: Lord of the Rings in Concert.** Watch the movie *Fellowship of the Ring* accompanied by a 250 piece orchestra at TD Place. 7 p.m. NOTE- tickets are expensive. See: [www.tdplace.ca/event/lord-of-the-rings-the-fellowship-of-the-ring/](http://www.tdplace.ca/event/lord-of-the-rings-the-fellowship-of-the-ring/)

**Sunday, January 19: Capital Sessions.** In collaboration with the National Arts Centre, participate in an afternoon of dance showcases and DJ music. **FREE.** Visit: [www.nac-cna.ca/en/event/37601](http://www.nac-cna.ca/en/event/37601)

**January 25-26: Ottawa ComicCon.** This is a popular Ottawa event celebrating pop culture, with lots of photo ops, costumes, collectables, gaming and comic books. **FREE.** EY Centre. Info at: [www.ottawacomicon.com](http://www.ottawacomicon.com)



# Need help with examinations?

Most students experience some anxiety in anticipating and preparing for the end of semester examinations. There may be some stress, but know that there are lots of ways to decrease the anxiety and that there are many people willing to help you to cope with examinations. Make sure you ask your teachers for assistance in understanding which content areas will be assessed and what strategies you can use to be successful. Also, visit Student Services to find out about exam preparation sessions and most schools will also offer peer tutoring programs.



## VISIT the CANADA SCIENCE & TECHNOLOGY MUSEUM

See interesting exhibits and live demonstrations highlighting Canada's many contributions to the world of science and technology.

**Free admission** Tuesday to Sunday from 4-5 p.m. The admission price at other times is \$14.50 plus tax with student ID. Tickets should be booked in advance.

[www.ingeniumcanada.org/scitech](http://www.ingeniumcanada.org/scitech)

## SKATE ON OTTAWA'S FAMOUS RIDEAU CANAL!

No doubt you have seen the Rideau Canal, and maybe the last time you walked by it was full of water with boats travelling along the waterway. A month or so ago, the canal was drained of most of its water and preparations are now underway to make it the longest natural ice skateway in the world at 7.8 kms. long. Even if you have never skated before, most Ottawans will be glad to assist you in learning to skate. You may fall down a few times, but stick with it and you will no doubt succeed and enjoy the exhilarating feeling that comes from gliding across the ice. You can rent skates and helmets at a reasonable price. There are several warmup huts along the route and places where you can get an iconic Beavertail and enjoy a cup of hot chocolate with marshmallows on top. See more info at [www.ncc-ccn.gc.ca/places/rideau-canal-skateway](http://www.ncc-ccn.gc.ca/places/rideau-canal-skateway)

*The Rideau Canal  
Unesco World Heritage  
Site*

