



Integrated Transition Planning Checklist by Age

Before
age
16:

- Review your child's psychological assessment:
 - Look at the most recent assessment and ensure it has Cognitive and Adaptive scores to prepare for the Developmental Services Ontario (DSO) application. If you need help accessing your child's assessment, contact their school, which may have a copy of the assessment in their Ontario School Record (OSR).

Before
age
18:

- Ensure your child has a bank account in their name (it can be a joint account with caregivers).
- Register with [Service Coordination](#) to access children's services.
 - Case managers can help you find services and answer questions about the system.
- Register with [Access Ontario Autism Program](#) if your child has an Autism diagnosis and is under age 18.
- Apply for [Special Services at Home](#) funding.
- Apply for the [Assistance for Children with Severe Disabilities Program \(ACSD\)](#), if appropriate.
- Ensure your child has identification: [Ontario Photo Card](#), [Social Insurance Number](#), [Birth Certificate](#), [Passport](#)

Age
16:

- Contact [Developmental Services of Ontario - Eastern Region](#) (DSO-ER) and go through the intake process.
 - You will need a copy of your child's psychological assessment.
 - The transfer of services to DSO will happen at the age of 18.

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Age
17.5:

- Apply for the [Ontario Disability Support Program \(ODSP\)](#).
 - Apply 6 months before your child's 18th birthday.
 - Use your child's bank account for direct deposit of ODSP.
 - [Centre 454](#) may be able to help with the application.
 - If your child has ODSP, they are eligible for reduced [OC Transpo](#) passes and City of Ottawa programs.

Age
18:

- File your child's taxes every year.
- Change to an [adult health service provider](#) (doctor, CHEO, dentist, occupational therapist, physical therapist, etc.)
 - Use [Health Care Connect](#) to find a new doctor.
- Service Coordination: Change from children's services to [adult services](#).
 - A DSO assessment is needed in order to have a case manager.
- Familiarize yourself with [Developmental Services Ontario - Eastern Region \(DSO-ER\)](#).
 - All access to ministry-funded programs, Passport funding and support with navigating the system now goes through DSO-ER.
 - Please note: This is a change from a system based on entitlement to services, to a system of non-entitlement, which means services are based on meeting criteria and availability and are not guaranteed.

Ongoing:

- Utilize the [Disability Tax Credit](#) annually.
 - This credit can be applied to the individual with the disability or their family to reduce the income taxes that need to be paid.
- Investigate opening a [Registered Disability Savings Plan \(RDSP\)](#), available at most banks.
 - You need the Disability Tax Credit in order to apply for RDSP
- Optional: Apply for [Employment Services](#).
 - May be applicable for those who require onsite support for work and are aiming for paid employment.